

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 08:00 until 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris HEADCOACH

Coaches: Wielfaert Wout

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE MEN 11+ Heat:4, starttime: 09:06

Heat: 4/9 Lane : 5 Athlete: BOONEN KAREL Q-time: 01:06:29

PB (25m pool): 01:06.29 Sint-Amandsberg 19/10/2025 PB (50m pool): 01:07.88 SB: 01:06.29 Sint-Amandsberg 19/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.65		01:06.29	
		00:31.65		00:34.64	
					

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+ Heat:4, starttime: 09:44

Heat: 4/5 Lane : 7 Athlete: VAN BRAECKEL SEPPE Q-time: 02:51:09

PB (25m pool): 02:51.09 Zwembad De Treffer 06/04/2026 PB (50m pool): 02:54.26 SB: 02:51.09 Zwembad De Treffer 06/04/2026

	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.06		no time		no time		02:51.09
		00:39.06						
								

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+ Heat:2, starttime: 11:22

Heat: 2/5 Lane : 4 Athlete: VAN BRAECKEL SEPPE Q-time: 01:32:81

PB (25m pool): 01:32.81 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:36.96 SB: 01:32.81 Zwembad De Treffer 06/04/2026

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.17		01:32.81	
		00:44.17		00:48.64	
					

Coach feedback:

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Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 11:24	
Heat: 3/5 Lane : 2 Athlete: BOONEN KAREL					Q-time: 01:27:51	
PB (25m pool): 01:27.51 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:32.19 SB: 01:27.51 Zwembad De Treffer 06/04/2026						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:40.52		01:27.51		
	00:40.52		00:46.99			
						

Coach feedback: